

RELATIONAL CHARACTER TRAITS WORKSHEET

You are outgoing, energetic, and friendly. You are enthusiastic about life and what it has to offer. You see the world as full of potential and are eager to pursue it. You enjoy stimulation from other people and environments, and you naturally gravitate to busy and active places. You express yourself easily and like to talk.

Key Characteristics

- **Outgoing and Sociable:** As an extravert, you are often described as an outgoing and sociable individual who enjoys being around people and engaging in social activities. You tend to feel energized and rejuvenated in the presence of others.
- **Talkative and Expressive:** Relational people are generally talkative and expressive, readily sharing their thoughts, feelings, and ideas with others. They may be comfortable engaging in small talk and are often seen as approachable.
- **Adventurous and Open to New Experiences:** Highly relational people are often willing to try new things and embrace novel experiences. You may be more open to taking risks and seeking out excitement and adventure than others.
- **Leadership and Assertiveness:** You often demonstrate assertiveness and other leadership qualities. Relational people may take charge in group situations and be comfortable leading and directing others.
- **Positive and Optimistic:** You generally have a positive outlook on life and may be optimistic about the future. Relational individuals may find it easier to see the brighter side of situations and approach challenges with a can-do attitude.
- **Emotional Expressiveness:** Relational people are often more expressive with their emotions and may show their feelings openly. You may also be more comfortable displaying affection and warmth towards others.

Jesus' Teachings

It's important to note that interpretations of religious teachings can vary among individuals and denominations, but here are some ways in which the above characteristics may relate to Jesus' teachings.

- **Outgoing and Sociable:** Jesus was known for His interactions with people from all walks of life. He frequently engaged with crowds, disciples, and even those considered outcasts or sinners. His sociability allowed Him to spread His message and touch the lives of many.
- **Adventurous and Open to New Experiences:** Throughout His ministry, Jesus challenged social norms, interacted with marginalized groups, and performed miracles, displaying a willingness to embrace new experiences and transcend traditional boundaries.
- **Leadership and Assertiveness:** Jesus showed leadership qualities in guiding His disciples and followers. He conveyed his teachings with conviction, often referred to as "speaking with authority" in the Bible.
- **Positive and Optimistic:** Jesus' teachings emphasized hope, faith, and love. He preached about God's kingdom, offering hope for a better future and encouraging his followers to have faith in God's love and plan.
- **Emotional Expressiveness:** Jesus demonstrated deep compassion, empathy, and emotional expressiveness in His interactions, such as when He wept over the death of Lazarus or showed compassion for the sick and suffering.

Character Journaling Prompts & Notes

Leadership Roles and Spiritual Influence:

- How do you perceive your role in leadership positions within spiritual communities, and how does leading others align with your spiritual values and beliefs?

Spiritual Excitement and Adventurous Pursuits:

- In what ways do you infuse your spiritual journey with excitement and adventure, and how do these experiences contribute to your spiritual growth and understanding?

Collaborative Spiritual Endeavors:

- Can you share a meaningful spiritual project or initiative you were involved in with others, and how did your enthusiasm and collaborative spirit enhance the spiritual outcome?

Spiritual Relationship Building:

- How do you approach building and nurturing spiritual relationships with others, and how do these connections deepen your spiritual practice and understanding?

Meaningful Spiritual Gatherings:

- Can you describe a spiritual gathering or event that was particularly meaningful or uplifting for you, and how did it contribute to your spiritual growth and connection?

