

PRACTICAL SPIRITUAL STRENGTHS WORKSHEET

You are a concrete, straightforward thinker. You distrust ideas and theories that do not have practical, real-world applications. You prefer tradition and conventional ways over new, untested ideas. You are more realistic than creative and often have difficulty imagining things that you have not personally experienced. Because of this, you may not be interested in trying new experiences, preferring instead to stick with what you know.

While practical individuals may be more resistant to change and new ideas, they bring valuable strengths to their spiritual journeys, including stability, commitment, practicality, focus, perseverance, and loyalty. Recognizing and nurturing these strengths can enhance their relationship with God and their contributions to their faith communities.

Spiritual Strengths

Stability and Consistency:

- **Strength:** Practical individuals often value stability and consistency in their beliefs and practices, providing a solid foundation for their faith.
- **Bible Reference:** *"Jesus Christ is the same yesterday and today and forever."* (Hebrews 13:8, NIV) – This verse emphasizes the importance of stability in faith.

Commitment to Tradition:

- **Strength:** They may have a strong commitment to traditional values and practices, which can foster a sense of community and continuity within their faith.
- **Bible Reference:** *"So then, brethren, stand firm and hold to the traditions which you were taught, whether by word of mouth or by letter from us."* (2 Thessalonians 2:15, NASB) – This highlights the importance of adhering to spiritual traditions.

Practicality and Realism:

- **Strength:** Individuals tend to be practical and realistic in their approach to spirituality, focusing on actionable faith rather than abstract concepts.
- **Bible Reference:** *"But be doers of the word, and not hearers only, deceiving yourselves."* (James 1:22, ESV) – This encourages a practical application of faith.

Focus on the Known:

- **Strength:** They often excel in deepening their understanding of well-established doctrines, allowing them to develop a strong foundation in their faith.
- **Bible Reference:** *"For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do."* (Ephesians 2:10, NIV) – This emphasizes the importance of knowing and fulfilling God's plans.

Dedication and Perseverance:

- **Strength:** It can lead to strong dedication and perseverance in their spiritual practices, enabling them to weather challenges without wavering.
- **Bible Reference:** *"Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up."* (Galatians 6:9, NIV) – This encourages perseverance in faith and good works.

Loyalty to Community:

- **Strength:** They often demonstrate strong loyalty to their faith community and its teachings, contributing to a sense of belonging and support.
- **Bible Reference:** *"And let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some, but encouraging one another."* (Hebrews 10:24-25, ESV) – This highlights the value of community and mutual support.

