# **DILIGENT SPIRITUAL STRENGTHS WORKSHEET**

You are hardworking, industrious, and responsible. You have a high degree of willpower and resist temptation and distraction to stay focused on your goals. You can delay gratification, doing things that are difficult or boring in the moment in order to work toward a long-term achievement. When you promise to deliver, you do. You are organized, orderly, and reliable.

Diligent individuals bring valuable strengths to their spiritual journeys, including diligence, reliability, organization, goal orientation, moral integrity, and perseverance. Recognizing and nurturing these strengths can enhance their relationship with God and their contributions to their faith communities.

# **Spiritual Strengths**

### Diligence and Discipline:

- **Strength**: Diligent individuals tend to be disciplined in their spiritual practices, regularly engaging in prayer, study, and service.
- **Bible Reference**: "Whatever you do, work heartily, as for the Lord and not for men." (Colossians 3:23, ESV) This emphasizes the importance of diligence in all activities.

### **Reliability and Responsibility:**

- **Strength**: They are often seen as reliable members of their community, taking their commitments seriously and being responsible in their roles.
- **Bible Reference**: "Moreover, it is required of stewards that they be found faithful." (1 Corinthians 4:2, ESV) – This underscores the importance of being trustworthy in one's responsibilities.

# Organizational Skills:

- **Strength**: Diligent individuals often excel in organizing church activities, events, or community service projects, ensuring everything runs smoothly.
- **Bible Reference**: "For God is not a God of confusion but of peace." (1 Corinthians 14:33, ESV) This reflects the value of order and organization in spiritual communities.

# Goal Orientation:

- **Strength**: They are adept at setting and pursuing spiritual goals, whether personal growth objectives or collective community missions.
- **Bible Reference**: "I press on toward the goal for the prize of the upward call of God in Christ Jesus." (Philippians 3:14, ESV) This illustrates the importance of striving toward spiritual aspirations.

# Moral Integrity:

- **Strength**: Individuals often possess strong moral values and ethical standards, guiding their actions and decisions in alignment with their faith.
- **Bible Reference**: "The integrity of the upright guides them, but the crookedness of the treacherous destroys them." (Proverbs 11:3, ESV) This highlights the importance of integrity in spiritual life.

# Perseverance and Resilience:

- **Strength**: They tend to be resilient and able to persevere through challenges, maintaining their faith and commitment during difficult times.
- **Bible Reference**: "Not only that, but we rejoice in our sufferings, knowing that suffering produces endurance." (Romans 5:3, ESV) This encourages resilience in the face of challenges.

# Spiritual Strengths Journaling Prompts & Notes

### **Diligence and Discipline:**

• How do you maintain discipline in your spiritual practices, and what benefits have you experienced from this consistency?

### **Reliability and Responsibility:**

• In what ways do you feel your reliability contributes to your community or church? Can you provide specific examples?

### **Organizational Skills**:

• How do you utilize your organizational skills to support your faith community or personal spiritual growth?

### **Goal Orientation:**

• What spiritual goals have you set for yourself, and how do you track your progress toward achieving them?

### Moral Integrity:

• How do your moral values and integrity influence your daily decisions and interactions with others?

### Perseverance and Resilience:

• What practices help you stay resilient in your faith during challenging times?

### Balancing Strengths and Relationships:

• How do you ensure that your strong sense of responsibility does not lead to burnout or neglect of your personal needs?