## DILIGENT CHARACTER TRAITS WORKSHEET

You are hardworking, industrious, and responsible. You have a high degree of willpower and resist temptation and distraction to stay focused on your goals. You can delay gratification, doing things that are difficult or boring in the moment in order to work toward a long-term achievement. When you promise to deliver, you do. You are organized, orderly, and reliable.

The writer of Hebrews directs us to Jesus Himself as an example of this trait. "Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God. Consider him who endured from sinners such hostility against himself, so that you may not grow weary or fainthearted." (Hebrews 12:1-3)

### **Key Characteristics**

- Organization and Responsibility: You are organized and responsible in your actions and decision-making. Diligent individuals tend to be methodical in their approach to tasks and responsibilities.
- **Reliability:** As a highly conscientiousness individual, you are reliable and trustworthy. Others can count on you to follow through on promises and commitments.
- **Self-Discipline:** You possess strong self-discipline and can resist immediate gratification in favor of long-term goals.
- **Persistence:** You show persistence and determination when faced with challenges. Diligent people are less likely to give up easily and are willing to invest effort to achieve their objectives.
- Work Ethic: You have a strong work ethic and take your responsibilities seriously.
- Accountability: You take responsibility for your actions and are willing to admit and rectify mistakes.
- Conscientiousness in Relationships: In personal relationships, you show care and consideration for the feelings and needs of others, making them reliable and supportive partners and friends.

# Jesus' Teachings

It's important to note that interpretations of religious teachings can vary among individuals and denominations, but here are some ways in which the above characteristics may relate to Jesus' teachings.

- **Responsibility and Accountability:** Jesus emphasized personal responsibility for one's actions and choices. His teachings often encouraged individuals to take responsibility for their behavior, seek forgiveness for their sins, and be accountable to God and others.
- Compassion and Care: Jesus' teachings emphasized compassion, love, and care for others. Conscientious individuals who are empathetic and considerate align with the idea of loving one's neighbor and demonstrating kindness to others.
- **Integrity and Truthfulness:** Diligent individuals value integrity and honesty, which aligns with Jesus' teachings on speaking the truth and living with authenticity.
- **Service and Diligence:** Jesus frequently emphasized the importance of serving others and acting with diligence and dedication. Individuals who display a strong work ethic and are committed to helping others align with these teachings.

- **Forgiveness and Self-Reflection:** Jesus taught about forgiveness and the importance of self-reflection. Diligent individuals may be more inclined to acknowledge their mistakes, seek forgiveness, and engage in self-examination to grow and improve.
- **Humility and Humbleness:** Jesus' teachings often stressed the value of humility and humbleness. Individuals who are not driven by ego or self-centeredness can align with these teachings.

## **Character Journaling Prompts & Notes**

#### **Effective Spiritual Planning Methods:**

• What spiritual planning methods do you find most effective for managing your spiritual practices and responsibilities?

#### Long-Term Spiritual Planning Success:

• Can you describe a time when long-term spiritual planning helped you achieve a significant spiritual goal or milestone?

### **Discipline in Spiritual Practices:**

 How do you stay disciplined and focused on your spiritual practices, especially when faced with distractions or challenges?

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#### **Reliability in Spiritual Commitments:**

• Can you share an instance where your reliability in spiritual commitments made a positive impact on your spiritual growth or the spiritual community?

### Perseverance Through Spiritual Challenges:

•	How do you persevere through spiritual challenges and setbacks, remaining steadfast your faith and commitment?