CREATIVE SPIRITUAL STRENGTHS WORKSHEET

You are comfortable with abstract ideas. You enjoy talking and thinking about theories and concepts, even if the concepts are unproven. You appreciate creative, original, innovative ideas, and you enjoy thinking about the future and what it might hold. Your creative strength allows you to look at new ways to apply the truth of scripture to your daily life, whether at home or work or just living your life with other people.

Creative individuals bring valuable strengths to their spiritual journeys, including curiosity, creativity, adaptability, empathy, and a passion for justice. Recognizing and nurturing these strengths can enhance their relationship with God and their contributions to their faith communities.

Spiritual Strengths

1. Curiosity and Exploration:

- **Strength**: Creative individuals are naturally curious and eager to explore new ideas, perspectives, and practices in their faith.
- Bible Reference: "Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you." (Matthew 7:7, ESV) – This encourages a mindset of inquiry and exploration in one's spiritual journey.

2. Creativity and Innovation:

- **Strength**: They often approach spirituality with creativity, finding new ways to express their faith and connect with God, which can inspire others.
- Bible Reference: "And let them make me a sanctuary, that I may dwell in their midst." (Exodus 25:8, ESV) This illustrates the value of creativity in worship and connection with the divine.

3. Adaptability and Flexibility:

- **Strength**: Creative individuals are adaptable to change and new experiences, which can enhance their spiritual growth and resilience.
- Bible Reference: "For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future." (Jeremiah 29:11, NIV) – This verse emphasizes trust in God's plans amid life's changes.

4. Empathy and Understanding:

- **Strength**: Their openness often leads to greater empathy and understanding of diverse beliefs and practices, fostering inclusivity in their spiritual communities.
- Bible Reference: "Rejoice with those who rejoice, weep with those who weep." (Romans 12:15, ESV) – This verse encourages empathy and shared experiences within the community.

5. Embracing Mystical Experiences:

- **Strength**: Individuals may be more receptive to mystical or transcendent experiences, enhancing their spiritual depth and connection to the divine.
- Bible Reference: "But, as it is written, 'What no eye has seen, nor ear heard, nor the heart of man imagined, what God has prepared for those who love him."' (1 Corinthians 2:9, ESV) – This highlights the mysteries of God and the depth of spiritual experiences.

6. Vision for Justice and Change:

• **Strength**: They often have a strong sense of justice and desire for social change, using their faith to advocate for the marginalized and oppressed.

• **Bible Reference**: "Learn to do good; seek justice, correct oppression; bring justice to the fatherless, plead the widow's cause." (Isaiah 1:17, ESV) – This calls for active engagement in justice and compassion.

Spiritual Strengths Journaling Prompts & Notes

Curiosity and Exploration:

• What areas of your faith or spirituality are you most curious about, and how do you pursue that curiosity?

Creativity and Innovation:

- How do you express your creativity in your spiritual life, and what forms does that take? Adaptability and Flexibility:
 - How do you respond to unexpected changes or challenges in your spiritual journey? Can you provide an example?

Empathy and Understanding:

• How does your openness to different perspectives enhance your relationships with others in your faith community?

Embracing Mystical Experiences:

• Have you had any spiritual experiences that felt transcendent or mystical? How did they impact your faith?

Vision for Justice and Change:

• How do you incorporate your desire for social justice into your spiritual practices?

Self-Reflection and Growth:

• What personal strengths do you believe brings to your spiritual life?